

# UFO POTPOURRI

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## PHYSICIANS TAKE SURVEY

The following information is from Filer's Files #24, dated June 20, 2000: David Gordon writes he and his wife who are both medical doctors conducted a UFO survey in their practices in 1992 to establish the veracity of the UFO sighting and contact reports to determine the scope of the phenomenon.

From Dr. David Gordon, MD:

George, it gives us great pleasure to have our study published. There have been medical gatherings (1) and media publications (2,3,4) in which respected psychiatric professionals have supported the claims of people who say they were abducted by UFOs. Some of these people have found to be suffering from a type of post-traumatic stress disorder (3). A recent Roper survey of over 5,000 people, whose results were mailed to 100,000 psychiatric professionals, found a 2 percent potential UFO abduction rate in the general population (5).

To discover the prevalence of both UFO abductions and sightings, and to establish the veracity and clinical relevance of these claims, I undertook a survey of my own HMO practice members. One thousand fifty (1050) low acuity HMO members were asked in a serial fashion at the conclusion of their visit with me, if he or she, the member, "had ever seen a UFO." Members with known significant mental illness were excluded from the survey. If the members answered in the affirmative, a detailed sighting report, was taken of the time, place, and circumstances of the encounter. Members were asked to sketch the object if they had seen a structure to the object. Objects were counted as UFOs if they had structure or flight characteristics unknown to modern aircraft manufacturing and propulsion technology (I hold a commercial pilot's license).

Examples of counted objects: were nocturnal lights exhibiting non-ballistic motion (sudden Z turns, impossible accelerations and decelerations), flying and hovering discs, cigars, triangles, boomerangs, all of which were described as either silent or emitting a low humming noise. Members who had seen a UFO were then asked specifically about contact with any entities associated with the object. They were asked about memory of abduction experience, unexplained missing time, or sudden translocation of physical position in association with their sighting. The results were surprising.

Out of 1050 HMO members surveyed, 115 (11%) reported having had seen a UFO by the criteria listed above. Only two had reported it to the authorities. (Note – only 2 of 115 ever filed a report).

Sixty of the objects had been close enough to be able to sketch structure. The other 55 objects had been nocturnal lights moving non-ballistically.

Eight members (0.8% of the total surveyed population) related an involuntary UFO contact or abduction. Four (0.4%) other members reported visual contact with UFO entities without abduction. Most of the members reporting objects or entities were known personally by me for several years and had no history of mental disturbance. Furthermore, medical records were available on all of these persons to confirm this.

If replicable by other health care professionals, the implications of these data are profound. They would imply that the phenomenon of contact with non-earth intelligence is not rare, is occurring in every health professional's patient pool, could potentially affect people's health, and is being kept secret by individuals until a special person in a position of trust and authority, i.e., their physician, directly asks them about their experience.

Thanks to David Gordon, M.D., Los Angeles. (1) Conference on anomalous personal experiences, MIT, June 1992 (personal communication). (2) "UFO reports get a going over," David L. Chandler, Boston Globe, June 22, 1992. (3) "Helping Abductees," John E. Mack, M.D., International UFO Reporter, July/August 1992. (4) Secret Life, Firsthand Accounts of UFO Abductions, David Jacobs, Ph.D., Simon & Schuster, NY, NY 1992. (5) Roper Survey, Anomalous Personal Experiences, Roper Organization 1992.

### **ABDUCTION EFFECTS ON THE HUMAN CIRCADIAN CLOCK**

An article in Science magazine, Vol. 228, 12 May 2000, entitled "Interacting Molecular Loops in the Mammalian Circadian Clock," states that "the core mechanism for the master circadian clock consists of interacting positive and negative transcription and translation feedback loops."

"Circadian clock-controlled rhythms provide an orchestrated temporal program that allows for the appropriate timing of physiology and behavior, optimizing the efficiency of biological systems. In mammals, a master clock generating circadian rhythms is located in the suprachiasmatic nuclei (SCN) of the hypothalamus. Synchronization of the multiple, cell-autonomous circadian clocks within the SCN leads to coordinated circadian outputs that regulate expressed rhythms. In its simplest form, the molecular clockwork consists of auto-regulatory transcriptional and translational feedback loops that have both positive and negative elements."

My questions for medical committee members are: Can we use our knowledge about the human circadian clock to develop a set of measurements and tests that could be

used by physicians to determine the extent and/or duration of an abduction experience? What sort of circadian clock changes could be expected as a result of being abducted? Is it possible that the changes in the circadian clock are responsible for some of the abductees' after effects following the abduction experience? Is it possible that the abduction experience has a permanent affect on the circadian clock? Are there non-invasive techniques that could be applied to determine changes in the circadian clock as a result of an abduction experience?

### ABDUCTION/PHYSIOLOGICAL EFFECTS

The MUFON Field Investigator's Manual urges members to consider distinct categories of physiological effects in UFO cases. One of the categories relates to physiological effects resulting from the abduction experience. Following publication of the Spring 2000 issue of the MUFON Medical Committee Newsletter, Berthold E. Schwaarz, M.D. sent me a copy of his new book "Psychiatric and Paranormal Aspects of Ufology," ISBN: 0-940829-25-8. In it he describes the plight of "Lois," a grandmother who never had any interest in UFOs until she encountered a UFO during her trip to Arkansas, in September 1986. I recommend reading the whole account in the book, but some excerpts from the chapter on "Lois" will suffice to illustrate the extent of this problem.

*"It was at that time that she supposedly encountered two different life forms, one: a tall, noseless, nondescript individual who appeared to 'guide' Lois into the odd experience; and several smaller, very efficient, robot-like persons who had no nose, pointed chins, slit lips, "...but they didn't talk from or move these lips. I couldn't see above the nose area. I don't have any idea why. And all had these round, projected objects on their chests, like a carbon mask would have ... all I could think of was, they can't breathe without noses and those projections really are from 'gas' masks. It was like their voice projected from below their chin area and seemed to come out of their body, from below the chin but above the 'gas mask-like' projections on their chests... one round projection on the left, one on the right, about mid-shoulder height. I felt confused as I had absolutely no idea how I was inside this thing after I saw the odd boomerang aerial object. I felt sick, like I had to regurgitate. It should have never happened to me. But I made sure I was awake, not in a nightmare... so I screamed. I remember driving later, stopping along the road as I felt so sick, then driving to a motel in North Little Rock, Arkansas. I was very nauseous and felt disoriented and wanted to forget. I wanted to regurgitate again.*

### ABDUCTEES REPORT SIMILAR AILMENTS

This report is from Filer's Files #20 – 2000. MUFON Maryland State Director, Bruce Maccabee, Ph.D., commenting on an earlier article in Filer's Files suggesting that many abductees have Chronic Fatigue Syndrome (CFS), Fibromalgia and similar yuppie-type diseases, stated the following:

Dr. Maccabee writes that from listening to Dr. Gabriel Merkin, a doctor in the Washington, D.C. area who is on the radio and publishes a monthly newsletter, I have learned that "fibromyalgia" is a complex, medical sounding term for "we don't really know what the problem is." He claims that long-term use of antibiotics can sometimes or often cure the problem because it is caused by an infection. Merkin says that there are bacteria that cause diseases that cannot be cultured. The newly discovered "nanobacteria" could also be involved. Thus, if a test is made there may be no positive result of the attempt at culture and no causative agent discovered. Yet, long-term use of antibiotics can cure the problem. (Note: he was on the forefront of cure of stomach problems with antibiotics long before the gastroenterologists agreed or admitted that a bacterium caused most ulcers. He claims that some arthritis can be cured by antibiotics. Anyway, he probably would suggest something to take for several months or maybe up to a year. Main point: If the "fibromyalgia" is actually caused by an infection, one can raise the question, **do some abductees contract illness from contact or close association with ETs? And if so, do ETs contract illnesses from us?"**

"The "quality" of any person's immune system depends upon his/her state of health, both physically and mentally. It could be that some abductees contract "ET diseases" (or diseases associated with ET contact) because their immune systems happen to be at a low point at the time of contact."

### **UV BLAMED FOR BURNS IN SOME UFO CASES**

One of the most prevalent injuries reported in UFO cases, is burns to the skin. At times, it reported that other, sometimes life threatening, injuries seem to follow the initial burns. Researchers wonder how this can happen. Now, some new information about the effects of UV was published in Biophotonics International, May/June 1999.

"UV light damages DNA by kinking it, and as cells repair the lesions and then replicate the DNA, mutations occur. But according to Virginia Walbot, professor of biological sciences at Stanford University in California, UV may also harm DNA through transposons. These are pieces of DNA that jump in and out of chromosomes under direction of an enzyme called transposase, causing mutations where they land. Transposons are important – they help drive evolution by introducing genetic change and, and in some species, account for a significant portion of DNA."

"And UV also causes vitamin A deficiency. Early in the century, researchers discovered and described the link between light exposure and activation of vitamin D, which is necessary for skeletal health. But ultraviolet radiation in sunlight has a detrimental effect on vitamin A. The bioactive form of vitamin A is essential for growth and development of the embryo, and later, for maintenance of epithelial (lining) tissues."